

# HAWAII FILIPINO CHRONICLE

OUR SPECIAL  
18<sup>TH</sup> YEAR  
ANNIVERSARY ISSUE!

HAWAII'S #1 FILIPINO NEWSPAPER

◆ WEEKLY ◆ NOVEMBER 20, 2010 ◆

## THE FILIPINO MEDIA: ITS ROLE AND FUTURE OUTLOOK IN HAWAII

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- AND MOST IMPORTANTLY, **EVERY ISSUE HAS THOUGHT-PROVOKING EDITORIALS**

*Happy Thanksgiving to All!*



## EDITORIAL

## Supporting Ethnic Media Like the Chronicle

One of the great strengths of Hawaii's culturally-diverse society is its ethnic media outlets. Whether print, radio or television, Hawaii residents have at their disposal a veritable treasure trove of information, viewpoints and opportunities to gauge the pulse of any ethnic group.

Local ethnic media organizations such as the Hawaii Filipino Chronicle are typically small businesses that distribute their news for free and depend entirely on advertising for income. Nevertheless, they cannot be overlooked or underestimated. Take for example, the 2010 U.S. Census. Ethnic newspapers, TV and radio programs helped to significantly improve the census count because their audience are the ones who historically have been undercounted. Another example of how crucial ethnic media is for minorities was Hurricane Katrina, which left hundreds dead and millions homeless in Louisiana and Mississippi. The estimated 100,000 Vietnamese residents in the area listened to Vietnamese language radio for directions on where to evacuate. Rather than head to the Superdome, the ethnic radio station told their Vietnamese listeners to go to Houston where a large Vietnamese population was ready to assist them. Their listeners relied on their own media during the catastrophe. In the end, they fared better than those who didn't have access to ethnic media.

In non-emergency situations, ethnic media provide communities with information and news in assisting them in the assimilation and acculturation process. When their communities are armed with knowledge of current events and issues, they can become wise participants in societal decision-making. The bottom line is that ethnic media play a vital role in the communities they serve. They help to fill in gaps that traditional English-language news organizations leave behind. They work to improve the lives of their readers and listeners who live in communities that tend to be neglected by the mainstream media. Lastly, they work towards unity by having information available and accessible in their own language to non-English speaking citizens.

Thus the importance of supporting ethnic media like the Hawaii Filipino Chronicle. When readers support the Chronicle, in a sense they are supporting the community as a whole. To us, it not only makes perfect sense—it's also a deal that we'll gladly strive to uphold.

## The Importance of Ethnic Diversity in Journalism

One of the fastest growing trends in journalism is the study of ethnic media. More journalism schools nationwide are learning the importance of ethnic media. And for good reason. Many mainstream media outlets have experienced declining revenues of late—but not ethnic media. A 2009 study showed that the number of adults in the U.S. who are turning to ethnic media grew from 51 million in 2005 to 57 last year.

Even today, most mainstream media remain exclusive and tend to marginalize minorities. In fact, television, radio and print journalism continues to report from a white man's perspective, while stories involving other ethnic groups and minorities are often buried. It may be unintentional, but the truth is that certain stories or issues that may be deemed important by a white man may not be as significant to a woman, black, Asian or Latino.

There is a glimmer of hope for the journalism industry, however, as the number of minority newspaper reporters has increased to a little over 13 percent. The media's ethnic representation rate is still not up to par, especially when considering that 32 percent of all Americans are minorities. As a result, many ethnic groups continue to go under-reported or mis-represented simply because the media are unable to gain access into their respective communities.

## FROM THE PUBLISHER



loha and welcome to our special 18th Anniversary Edition! Surviving the numerous challenges of the past 18 years speaks volumes of the commitment of the Chronicle's publishers and editorial board to provide the Filipino community with timely and useful news. Along the way, we've received awards for excellence from the U.S. Small Business Administration (SBA) as well as commendations from government and various community organizations. We have been fortunate to have an outstanding list of columnists and contributing writers, as well as exclusive columns from governors and mayors. Combined, the result is well-balanced and informative reporting. If you are one of our faithful readers, you are likely familiar with our Primary and General Election polls which we conduct each election year. We are extremely proud of the HFC Poll, which is difficult and costly to conduct but time and again, its accuracy compared to mainstream polls has generated interesting and sometimes heated dialogue within the Filipino community. That is exactly what an ethnic newspaper like the Chronicle should do.

Our cover story for this issue was written by Gregory Bren Garcia, who looks into the importance of ethnic media outlets in Hawaii and the U.S., the role they play and the unique challenges they face. He interviewed several writers employed by ethnic media, who agreed that an ethnic newspaper like the Chronicle helps to keep Filipino culture alive by reporting on cultural and social events, as well as covering news from the Philippines which links readers to their values, traditions and culture. We hope you will enjoy reading Gregory's article.

There are other interesting and informative articles in this jam-packed issue, including another well-written piece by Gregory Bren Garcia on the Mabuhay Café and Restaurant which closed recently. Owners Filomeno and Carmelita Jean Lumaug were unable to afford an exorbitant increase in the restaurant's real property taxes. In its heyday, Mabuhay Café was the premiere Filipino restaurant on Oahu. For nearly 50 years, the iconic restaurant, located in the heart of Downtown Honolulu, served delicious Filipino dishes that had its customers coming back for more. We wish the Lumaugaes the very best in their retirement and thank them for blazing the trail for other Filipino eateries to follow.

In closing, we wish to thank our many friends and supporters who have submitted their heartfelt congratulatory remarks, which are scattered throughout this special issue. We are indeed privileged to be able to give a voice to Hawaii's Filipino community, strengthen cohesion among the numerous Filipino community groups in existence and correct harmful misperceptions perpetrated by the mainstream media. We hope that the Chronicle, with its ability to tap into the Filipino community, will continue to offer unique context, history and perspectives found nowhere else—for the next 18 years and beyond.

Until next time... aloha and mabuhay!

*Chona A. Montesinos-Sonido*

There are ways, however, to tilt the scales. For starters, journalism groups like the Society of Professional Journalists (SPJ) and Asian American Journalists Association (AAJA) need to do a better job of promoting the importance of ethnic diversity. Their efforts would go a long way towards encouraging more newsrooms to hire minority reporters and attracting more young minorities to study journalism.

Every effort should also be made by those in the industry to remind the mainstream media to pay closer attention to their ethnic media brethren. In fact, all news organizations should strive to be inclusive since they promote and facilitate civic engagement. Journalists should aim for this since it is a reflection of a democratic society. Better yet, an informed populace is better poised to hold government accountable for its actions which is something all citizens should want.



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## COVER STORY

(from page 4, *Filipino Media*...)

our identity. It defines who we are as individuals and as a community," she says.

According to Misalucha, the Filipino culture is often communicated to other people through ethnic media.

"As we know, the mission and goals of ethnic media are manifold: it is a witness to events or news within the Filipino community in Hawaii; it is a trusted voice of advocacy; and it creates stories that reflect the community experience. To a certain extent, the existing ethnic media in Hawaii have fulfilled these objectives, thereby making itself relevant in this environment," she says.

But aside from providing news for the community and presenting pluralistic ideas that differ from those presented by mainstream media, Misalucha believes that Filipino ethnic media can better serve the community by helping immigrants transition to life in America.

"Immigrants are oftentimes a study in contrast. With one foot firmly planted in American life, their other foot continues to rest on ground laden with past lives from the Philippines. In order for immigrants to be truly successful in this new country, they need to become integrated and woven into the fabric that is Hawaii. Achieving this while still remaining authentic and appreciative of one's Filipino culture is the true balance to all immigrants aspire to," she says.

"Whether publishing inspirational articles, providing tips for job interviews or sharing information on next trends, ethnic media can play a role in educating our immigrant population on practical but important information. Ethnic media can do for immigrant population what magazines like *O Magazine* has done for women's groups," she adds.

In general, ethnic journalists believe that the mainstream media, whose major audience is the general public, do not fully pay attention to the affairs of the ethnic community. To some extent this is a disadvantage. As the CIJ points out, "traditional daily newspapers, network television news and other news outlets based essentially on a 'one-size-fits-all approach' are struggling to retain audiences, maintain high journalistic standards and guarantee survival." This ap-

proach also prompts viewers and listeners to switch to niche-oriented ethnic media.

Mila Medallon-Kaahamui, former editor of both the Hawaii Filipino Chronicle and Fil-Am Courier, says Filipinos rely on Filipino ethnic media because these outlets best understand the needs of their community.

"They contribute immensely to the cohesive spirit of Filipinos by reporting on cultural and social events, including available social and health resources. They also cover news from the Philippines and link immigrants to their values, traditions and culture. This contributes to their bridging role in maintaining a connection between immigrants and their ethnic roots," she says.

Misalucha agrees that more can be done in terms of the mainstream media's coverage of issues concerning the Fil-Am community, although she also acknowledges the good intent on their part to cover such issues. She says that while full coverage of the Filipino community, by default, falls within the purview of the ethnic media, audiences will definitely benefit from collaborative efforts involving ethnic and mainstream media during coverage of more critical issues.

"Based on past history, the mainstream media are mindful that Filipinos, by sheer numbers alone, are important stakeholders in this community and cannot be ignored. If we discuss a particular issue in the context of its importance to the Filipino community, we can anticipate support and coverage from the mainstream media that is commensurate to our standing in the broader community," she says.

#### Challenges and Future Outlook

While many mainstream media outlets are struggling today because of shifting population demographics, business practices and media consumption habits, the ethnic media are also facing challenges of their own.

One such challenge, according to the CIJ report, is financial viability and sustainability. The researchers noted that "very few ethnic media have grown into large corporate entities with bigger staffs, more advanced facilities and better earnings. The majority of small-to-medium size operations are constantly struggling for sustainability,

leaning on tight budgets and small bands of multi-tasked personnel."

One Filipino ethnic media leader in Hawaii, who requested anonymity, says this is the very reason why the high journalistic standards and professionalism of some ethnic media outlets suffer.

"They cater to the whims and caprices of those people who support them, overlooking the high standards of journalism they have set for themselves. Filipino ethnic media must be credible and must earn the respect of the community in order to develop and grow into a financially viable entity in the long run," she says.

Misalucha says that financial viability is a legitimate concern. The consensus is that Filipino ethnic media plays an integral role in the Fil-Am community in Hawaii, yet very few Filipinos are willing to pay for or invest resources on them.

"It is a financial model that is not sustainable and should therefore be re-evaluated," she says, noting how ethnic papers are forced to give copies for free and draw their revenue stream from a small pool of advertisers and supporters, while competing with other media outlets.

She suggested several key measures that ethnic media can

*"More often than not, Filipino ethnic media have been dependent on mainstream or non-Filipino institutional advertisers for financial support," says the anonymous Filipino ethnic media leader. "But even this is not adequate. Therefore, almost all Filipino ethnic media in the U.S. are unprofitable and owners treat their newspaper business as a community service, supporting it because it is in the best interest of the community rather than as a good business investment."*

follow to ensure their survival, such as creating a unique brand that will stand out from the competition, building a story about the organization and continuously telling people about it, offering creative advertising packages, and looking into possible collaborations with groups like Filipino community associations and non-profit organizations.

Another challenge is the evolving demographics within the immigrant community itself. As second and third generation Fil-Ams become more assimilated with mainstream American culture, some Filipino ethnic media outlets in Hawaii fear they will lose this niche market. But is the concern warranted? Mis-

alucha believes it isn't so.

"The worry about assimilation is unwarranted. It is a good thing for second and third-generation Filipino Americans to be assimilated to the mainstream. That is how we progress in society. We need to embrace this vision as one that will further the Filipino's strength in this community. The effort to keep our second and third generation Fil-Ams linked to their heritage will continue to be a challenge. But this cannot be the sole responsibility of ethnic media. It should be a concerted effort of families, communities, churches and regional groups," she says.

"As far as losing a niche market is concerned, I beg to dis-

(continued on page 6)

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## COVER STORY (cont.)

*(from page 5, Filipino Media...)*

agree. Second and third generation Fil-Ams were never part of the niche market to begin with, so there was never a loss. Ethnic media's strong audience base is and will always be first generation immigrants. With the strong immigration patterns from the Philippines which continue today, that steady flow will ensure new customers and readers for the near future."

Still another possible chal-

lenge is the increasing accessibility of technologies like the internet among Fil-Ams in Hawaii. Nowadays, news coming from media outlets in the Philippines is directly accessible to many people via the internet. Should modern technology be seen as a threat to Filipino ethnic media?

"I think the internet and social network sites are here to stay," says Misalucha. "Instead of looking at them as a threat,

we need to see them as tools or opportunities to reach more audiences. For instance, it is not uncommon for these media outlets in the Philippines to have local partners. That possibility should truly be explored. As far as social networks are concerned, they may actually assist in reaching out to a new generation of readers—many of whom may be second or third generation Filipinos."

**A Passion for Service**

According to the CIJ report, the proliferation of ethnic media in the U.S. is a testament to the real need of the country's growing diaspora constituencies for news and information that give the community voice, strengthen its cultural identity and help members transition to the larger society.

"This function feeds the passion of ethnic media journalists who persevere in their profes-

sion for years despite often daunting conditions," says the researchers. This is particularly true about the Filipino ethnic media practitioners in Hawaii.

"More often than not, Filipino ethnic media have been dependent on mainstream or non-Filipino institutional advertisers for financial support," says the anonymous Filipino ethnic media leader. "But even this is not adequate. Therefore, almost all Filipino ethnic media in the U.S. are unprofitable and owners treat their newspaper business as a community service, supporting it because it is in the best interest of the community rather than as a good business investment."

For Misalucha, her interest in journalism has never been about money or business; it has always been about serving the community and her countrymen.

"I've seen the power of the written word and how it can be used to elevate, inspire and move people to action. I am truly motivated to help our people take their rightful place under the sun," she says.

"My business and banking background has taught me that success should be evaluated using quantifiable measures. Journalistic awards, profits, advertising and so on are reflections of an organization's long-term viability. However, success should also be defined by non-quantifiable measures such as community impact. For instance, a heart-warming story which results in a great outcome is one that may be impactful but difficult to measure. Who is to say that it is not an equally powerful testament to a media outfit's success? My sense is that success is a balance of both quantifiable and non-quantifiable measurements."

For Misalucha and others employed by Filipino ethnic media business, their daily immersion into ethnic journalism and mass communication is really a mission to serve the community.

"I have a passion for service, which has motivated me to serve on a number of non-profit boards or to participate in Rotary missions to the Philippines for the past five years. I see journalism as an extension of my mission, another venue to sow seeds of goodness, to feel joy in service," she says.

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## IMMIGRATION GUIDE



By Atty. Emmanuel  
Samonte Tipon



## Can Alien Naturalize While Under Deportation?

dropped a drug pipe and crushed it with his shoes. A charge of trying to destroy the evidence was added to his other charges.

In jail awaiting deportation, such aliens now have plenty of time. Many regret not having naturalized. Sebastian, an alien facing deportation, applied for naturalization.

### REGULATION ALLOWS NATURALIZATION BUT STATUTE DOES NOT

A regulation issued by the Attorney General of the United States states that an "immigration judge may terminate removal proceedings to permit the alien to proceed to a final hearing on a . . . petition for naturalization when the alien has established prima facie eligibility for naturalization and the matter involves exceptionally appealing or humanitarian factors." 8 CFR § 1239.2(f). The Im-

migration Judge then denied his motion to terminate proceedings because he had not established prima facie eligibility for naturalization. The BIA affirmed.

The court was asked to reconcile the two seemingly conflicting provisions which another court described: "[t]he law, in effect, seems to be chasing its tail." The law, 8 U.S.C. § 1421, provides that the "sole authority to naturalize persons as citizens . . . is conferred upon the Attorney General." But since 8 U.S.C. § 1429 prohibits the Attorney General from even considering an application for naturalization if a removal proceeding is pending against the applicant, how can the BIA and IJ (who are under the Attorney General) "terminate removal proceedings" to permit the applicant to proceed to naturalize as authorized by the Attorney General's own regulation? The court concluded that the confusion was caused by the failure to amend

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the regulation, 8 CFR § 1239.2(f), to avoid conflict with the statute. The court held that the alien was not entitled to naturalize as long as removal proceedings were pending against him. *Zegrean v. U.S. Attorney General*, No. 08-3714 (3rd Cir. 04/13/10).

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e continuously urge our readers and radio listeners to naturalize because it is the best way to avoid deportation (removal). The most common excuses given for failing or refusing to naturalize are: no time and no money.

These aliens have all the time and money to fly to Las Vegas and gamble, to go home to the Philippines and throw away dollar bills to the crowd during town fiestas, to illegally gamble and snort a little meth during week-ends until a disgruntled loser tips the authorities who raid their gambling venue. In one such raid, a fleeing gambler

### LAW SEEMS TO BE CHASING ITS TAIL

In the case of Sebastian, the DHS denied his application for naturalization because "there is a removal proceeding pending against you, and you are ineligible for naturalization." The Im-

## HAWAII-FILIPINO NEWS

### Philippine Consulate to Hold Outreach on Maui

The Philippine Consulate General will hold a consular outreach on Saturday, November 27, 2010 at Maui Waena Intermediate School from 9 am to 6 pm.

Consulate employees will be on-hand to process passport renewals, dual citizenship, notaries, authentication and other legal services. The outreach will

be done with assistance from the Ilocos Surian Association of Maui and a non-profit group called Binhi at Ani.

Those who wish to renew their passports will not have to submit photos since photos will be taken during the outreach. Persons applying for ePassports must submit a completed application form, copy of alien card

and pay a \$60 passport fee and \$5 mailing fee.

Application forms are available online at:

[www.philippineconsulate-honolulu.com](http://www.philippineconsulate-honolulu.com). For further details, please contact Deputy Consul General Paul Cortes at 595-6316 ext. 226.

### "Best wishes to the Hawaii Filipino Chronicle on their 18th year anniversary!"



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HAWAII-FILIPINO NEWS

# Big Island Filipino Group to Host Christmas Celebration

Members of the United Filipino Community of Hawaii will be hosting a Filipino-style Christmas party on December 18, 2010 at Moohau Park in Hilo on the Big Island.

Festivities include a parol-making contest, Filipino games, a karaoke singing contest and free pupus.

The goal of the non-profit

United Filipino Community of Hawaii is to help less fortunate Filipinos on the Big Island. Currently, the group has 20 members and meets weekly in Hilo. The group was formed after the death of domestic violence victim Catherine Esteves Dingle.

Most of the group's members are church ministers and Christians who want to help

the community. Members will be holding several Christmas caroling events to raise funds for the event. The group has also pledged to donate \$1,000 to assist papaya farmer Loreto Julian, whose 17-acre papaya farm was recently vandalized.

According to Grace Larson, the purpose of the event is to celebrate Christmas in true Filipino style.

"Filipinos on the Big Island should come out and support events like this because this is the first Filipino Christmas celebration wherein the whole family can enjoy," Larson says. "Organizers tried their best to make this event the best Christmas that Filipinos can enjoy and to feel like they're celebrating Christmas in the Philippines.

Larson says there will be Filipino games and hands-on activities for those local-born kids. They will be introduced to games that are rarely played or enjoyed on the Big Island.

Organizers are expecting up to 200 people to attend. For more information on the event, please contact Rev. Abet Camacho at 987-0176 or Larson at 640-1540.

# Ka'ilila'au's Canoe to Air on Thanksgiving Day

Emme's Island Moments will be airing a Thanksgiving Day special "Ka'ilila'au's Canoe—A Journey of Spirit" on November 25, 2010 at 7 pm.

The hour-long special will be re-broadcast several days later on November 27 at 6 pm.

Ka'ilila'au's Canoe is a heart-warming story of a canoe that bonds a West Maui family, a young boy's dream and the employees of Kaanapali Beach Hotel. Strengthening its commitment to Hawaiiana, the hotel built the voyaging canoe from a tree donated by the family

whose only wish was to have the canoe named after their son Ka'ilila'au who died several years ago.

The program will introduce viewers to the hands who built the canoe and how their lives were touched. Viewers will also watch the canoe come to life and learn about the boy Ka'ilila'au and his journey of spirit.

"It's already reached portions of the mainland and the media are inquiring about it," says Joanne Corpuz, production assistance for Emme Inc. "Viewers will experience the



canoe ohana's journey of hope, rediscovery and spirit."

Hawaiian navigator Nainoa Thompson will also provide updates on Hokule'a and Hawai'iloa—two voyaging canoes—and their significance in perpetuating its legacy among Hawaii's youth.

The special is sponsored in part by Stanford Carr Development and Hawaiian Airlines.

## PICTORIAL NEWS



Filipino graduate students pose for a group photo at the annual International Potluck organized by the East-West Center Participants Association (EWCPA) at the UH-Manoa campus. The potluck, which was themed "Sharing is Caring," was attended by more than 500 students and alumni. The festive and colorful Filipino booth was among 14 other booths with delicacies from countries such as Bangladesh, Indonesia, Myanmar (Burma), Iran, South Korea, Malaysia, Bangladesh, the Pacific Islands, Pakistan, India, Peru, Thailand, Vietnam and the U.S.

# Congratulations on the 18th year Anniversary of the leading Filipino newspaper in the community. Mabuhay!

**JORGE G. CAMARA, M.D. Inc.**

*Diplomate, American Board of Ophthalmology*

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## ALL IDEAS CONSIDERED

# Miss Hawaii-Filipino Chronicle, 18, Debutante



By Felino S. Tubera

# W

hat comes first to mind with the word debutante is the image of a young lady from an aristocratic or upper class family who has reached the age

as a new adult and is introduced to polite society at a formal debut, dressed in a flowing white silk or satin gown and kid gloves. And a beaming smile on her face. What a sight! A woman exuding the breathe of pertinence.

Think of the Hawaii-Filipino

Chronicle as a debutante. She is 18 today. If only for the fantasy of imagining her as the woman of the Filipino community coming of age, let us give her a cotillion ball. Shall we? Why not! In the Philippines, debutante balls, commonly known as 'debuts' are very popular. The event celebrates a girl's eighteenth birthday in becoming a woman. It is observed as a socio-cultural family affair, at home, abroad or overseas. As a reference, recall for a moment the elaborate debut party of Rose Mercado (played by Bernadette Balagtas) in a scene from the independent feature-length Filipino-American film *The Debut* in which her brother, Ben Mercado (played by Dante Basco) boils over, threatening to ruin the celebration. The problem arises when undercur-

rent cultural conflicts emerge between old world traditions and contemporary urban lifestyles within this Filipino family.

Differently, similar, let us compare this coming-of-age of Miss Hawaii-Filipino Chronicle to the metamorphosis of a larva emerging from its pupal-cocoon out into the limelight, displaying its colorful wings in the open air for the first time. A transformation, a sight to behold, an event to imbibe.

Let's forget, like that of a real girl, the Hawaii-Filipino Chronicle, did have, and still does, have growing pains. However, there were sights and delights she cannot forget. And/but—now at 18, pitted against the push and pull of influences and challenges of the ever-changing environment, she is

poised and confident meeting, facing the world as a woman. To her and for her, the debutante, a celebratory salute and a salvo of community-pride-in animation gift of appreciation is in order. Upon inspiration upon inspiration upon inspiration.

No, our debutante is not attired in a flowing white silk or satin gown. No kid gloves either. She is not of the upper crust. Not an elitist, nor bourgeois as some might want to imagine for a debutante. In herself, by herself, and with herself, she is a one-piece model of simplicity. On a budget of frugality. She is down-to-earth, pretense-less to the bone, working with bare hands digging and dishing out the truth, the essentials of information and knowledge for those who care to listen or pay attention to what goes on. To do the just rituals of objective re-

porting, listening and storytelling is her mission and goal. No cotillions or balls, no fantasies, reality wise. As a work-ethic model, she looks statueque as an ethnic definition of attitude and approach, mainstream in outlook, visionary and upbeat in global perspective...with a promise, a sense for growth, stability and empowerment. Tall order for a debutante. We look and not just watch this young woman fulfill herself; give her the chance to blossom in our hearts and minds. If only figuratively we can give her the 18 roses that she deserves, literally, we can bestow our own tokens of support, respect and gratitude for her role in representing our aspirations in making an impact on the universal responsibility of preserving the integrity of expression, and safeguarding the sanity of thought and purity of purpose in making sense out of the chaos and confusion in our world.

Men, besides our traditional manly manners and cyber-age chivalry, what have we to offer Miss Debutante? A promise to promote, protect and enrich our Filipino-American values and cultural legacies with balanced and well-informed guardianship? Words and action through renewed readdressor-partners-in-deed relationships? We are able and capable of giving that needed boost. Are we not? WE ARE. Yes, then what's next?

We ask: Ladies, on your hand, for the other side of the coin, can you entertain the notion of creating a male counterpart of debutante? How about, Mr. Hawaii-Filipino Chronicle, 18, beau, debonaire, a young boy from a rock of rough dimensions struggling to become a heirloom of chiseled polish. Yes, but no, you are not giving him a beauty-tillion ball. At 18, Mr. Chronicle is already a strong concept in motion at work and in applied resolution. Non-pretentious, honest in precept and spirit, hard like nuts and bolts to tear apart, like a true fighter for truth and freedom. And for these, are you not going to give him an 18-gun salute of recognition? In just after another year at 19, he will have outgrown the vestiges of teen-domness. Today, you can nudge him, tinker with that chisel to polish his edges with some care. Can you do that? PURPOSELY, supportively, YOU CAN.

Men and ladies, let us bring Miss Hawaii-Filipino Chronicle, debutante, and Mr. Hawaii-Filipino Chronicle, beau, debonaire together and celebrate the Rite of Bonding of the body and mind to solidify a one-fervor spirit of justification: of giving assurance and insurance to free thought.

And we, citizens of Planet Earth, may, love, live, love and move on as the world thrives and progresses. Upon dreams upon dreams upon dreams.

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## HEALTHLINE

# Open Enrollment is the Time to Weigh One's Medicare Options

by Barbara Kim Stanton  
State Director, AARP Hawaii

**W**ith Medicare's open enrollment period beginning November 15, 2010, AARP is urging Hawaii residents to carefully consider their options and choose the coverage that best fits their needs. People in Medicare have until December 31, 2010 to add, drop or change prescription drug and health care plans for 2011. They can also return to traditional Medicare during open enrollment.

In Hawaii today, there are about 200,000 people enrolled in Medicare, the government-run health insurance program for people age 65 and older. Whether you're a long-time Medicare beneficiary or new to the program, now is the time to check whether your specific Medicare plan will still fit you in the coming year.

Medicare plans can

change. The costs of a plan can go up or down and prescription drugs can be added or dropped from the list of drugs included for those who have Medicare prescription drug coverage. Because of such changes, you're encouraged to check your current Medicare plan and if necessary switch to another one that fits you better.

People in Medicare can use the Medicare Plan Finder at [www.medicare.gov](http://www.medicare.gov) to research prescription drug and health plans that will be available in 2011. After reviewing available plans, AARP recommends considering the following when making decisions to change coverage:

- Costs, including the monthly premium, the annual deductible and cost-sharing.
- Coverage for the doctors and pharmacies included in the plan and the prescription drugs and other services you need.

- Quality Ratings, which are provided for most Medicare Advantage and Part D plans. These ratings are based on the quality of care and customer service each plan provides.

AARP recently launched an online tool to help people make better prescription drug choices. The AARP Drug Savings Tool, available at [drugsavings.aarp.org](http://drugsavings.aarp.org) allows users to select the drug they want to compare from Consumer Reports Health's database of about 500 drugs in 26 drug classes and provides consumers with "Best Buy" recommendations and a discussion sheet to help guide related conversations with their doctor, pharmacist or other health care professional.

AARP also offers extensive information to all people in Medicare to help you navigate open enrollment. Through our website [www.aarp.org/medicare](http://www.aarp.org/medicare), publications and other channels, information is available to help



you make smart decisions about your plans.

We're also offering a free one-hour "webinar"—a seminar transmitted online—on the ABC's of Medicare on December 1, 2010 from 1 pm to 2 pm. The webinar offers a refresher on the different parts of

Medicare (A, B, C and D) and provides information to help you make decisions about coverage that best meets your needs. For information on how to register for the webinar call AARP Hawaii at 545-6006.

One-on-one counseling is also available through the state of Hawaii's Sage PLUS Program, whose trained volunteer counselors offer information, assistance, counseling and referrals for Medicare, Medigap, Medicare Advantage and other Medicare health insurance options. Visit [www.hawaiiship.org](http://www.hawaiiship.org) or call 586-7299 for assistance.

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**We are also on KWHE-TV 14**

## New Technology for Aging Veins

**A**s a reader of this publication, you may already know more about varicose veins than you'd like, because half of all Americans over 50 (and two-thirds of women over 60) suffer from the pain and swelling of those big ropey leg veins. The condition is caused by failing valves in the primary veins that allow blood to pool up in the legs, and symptoms can range from aching and fatigue to skin ulcers and blood clots. Women who have had more than two pregnancies are at particular risk, and heredity, weight and "vertical" careers like nursing or teaching are risk factors as well.

Back in the old days – the 20th Century – the only surgical option for patients with severe varicose veins was a gruesome and painful procedure called vein stripping that left the pa-



tient scared and laid up for weeks. Today, however, we have next-generation medical technology to treat the problem – minimally invasive catheters that close the diseased main vein from within. The physician pulls the device through the vein, delivering bursts of energy through the catheter's heating element to heat and contract the vein walls. With the primary vessel sealed, the body automatically re-establishes healthier circulation and the varicosity symptoms quickly dissipate.

Catheter devices fall into two categories – radiofrequency (RF) devices and lasers. Both are fast and effective, but I use an RF device because it's a lot easier on the patient. Laser devices operate at over 800 degrees Fahrenheit, causing pain both during and after the procedure and leaving big bruises that take a while to heal. The newest RF device, the VNUS® ClosureFAST™ catheter, operates at far cooler temperatures, sealing the vein in three to five minutes with virtually no discomfort to the patient. I do it in the office with a local anes-



thetic, and the patient is in and out in less than an hour, usually resuming normal activity the next day. The leg pain and heaviness disappear almost immediately, and visible changes are evident in a few weeks.

Clinical studies have found the new procedure more than 96% effective, and because it is considered a medical necessity rather than a cosmetic procedure, it's covered by Medicare and health insurance. My active senior patients are delighted to have the zip back in their legs – and to be able to wear shorts – for the first time in decades.

◀ DR. DANELO CANETE, DR. LARRY DERBES AND DR NEAL SHIKUMA

Dr. Dan Canete performs this procedure at his office located at 2226 Liliha Street, Suite 302, Honolulu, Hawaii 96817. He can be reached at 521-4344.

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highly professional brand of journalism!

You are truly the voice of the Filipino  
community, unafraid to tackle  
controversial issues.



**ROSE & AL SABANGAN**

SOCIETY PAGE

by HFC Staff



▲ (L-R) Loreto Viloria, Elaine Viloria, Magdalena Bautista and Coleen Hanabusa during the Democratic Unity Party at FilCom Center



▲ Dr. Belinda Aquino and Atty. Abelina Shaw at FilCom Center



▲ (L-R) James Pagdilao, Maia Mendigorin and Gizelle Siruno during a recent party in Waipahu



◀ (L-R) Fr. Mark Del Rosario of Star of the Sea and adviser of Bicol Club Hawaii with visiting priest from Legaspi, Fr. Clifford Barrios



▲ Danielle and Christian Evangelista enjoying quality time together during an event at the FilCom Center



▲ Drs. Gilbert Luceno and Cristel Miranda at a birthday party in Waipahu



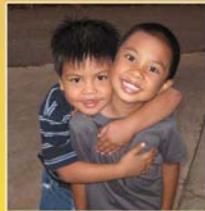
◀ (L-R) Aida Aquino, Erlinda Sonido, Lei Colleado and Jay-Anne Yadao at a recent party in Waipahu



▲ (L-R) Alvin Capalad, Shalimar Pagulayan, Edwin Quinabo and JP Orias at a birthday party in Waipahu



▲ (L-R) Seating: Cristina Aglibot, Dr. Frigga Fabay, Ofelia Lagat and Dr. Richard Kua; (L-R) Standing: Nelson Sonido, Dr. Ulysses Montero, Dr. Joseph Jacob and Louie Corpuz at a birthday party in Waipahu



Shano Ignacio and Lawrence Pagulayan during a party in Waipahu ▶



(L-R) Editha & Nicandro Tayona, Ben Abella at a baptismal party in Waipahu ▶

# WHAT'S NEW!

Stories of love, friendships, and heartbreaks brought to television.

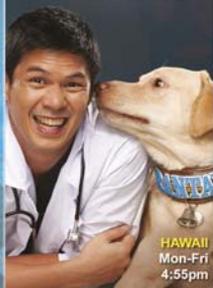


**HAWAII**  
Saturday  
3:45pm



Starring  
Barbie Forteza  
Joshua Donato  
Bea Binene  
Jake Vargas

Every child's BFF...  
bestfriend na, father pa!



**HAWAII**  
Mon-Fri  
4:55pm



Starring  
Raymart Santiago  
Gelli De Belen

The prettiest  
faces battle  
it out for a  
life-changing  
feat.



**HAWAII**  
Mon-Fri  
8:30pm



Starring  
Iza Calzado  
Katrina Halili

A story about  
discovering  
roots and  
fulfilling  
destinies.

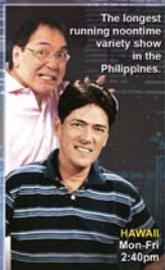


**HAWAII**  
Mon-Fri  
4:20pm



Starring  
Kris Bernal  
Steven Silva  
Rocco Nacino

# WHAT'S HOT ON



The longest  
running  
noontime  
variety show  
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Philippines.

**HAWAII**  
Mon-Fri  
2:40pm



Hosted by  
Vic Sotto  
Joey De Leon

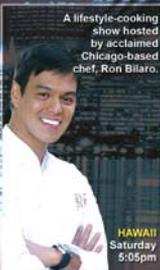


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winner in the  
2009 New York  
Festivals.

**HAWAII**  
Mon-Fri  
11:30pm



Anchored by  
Mia Tenzures  
Mel Tiangco



A lifestyle-cooking  
show hosted  
by acclaimed  
Chicago-based  
chef, Ron Bilaro.

**HAWAII**  
Saturday  
5:05pm



Hosted by  
Chef Ron Bilaro



A news-magazine  
show that educates  
Filipinos on US visa  
and immigration  
issues.

**HAWAII**  
Sunday  
8:05pm



Hosted by  
Atty. Lou Tanacson  
Randy Santiago



It's the grandest  
and hippest  
party on  
Philippine  
television!

**HAWAII**  
Sunday  
12:05pm



Diga Alasid  
Regine Velasquez  
Jaya  
Janna Gibbs  
Jay-R  
Heart Evangelista

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the hottest issues.

**HAWAII**  
Mon-Fri  
8:10pm



Hosted by  
Arnold Clavo



Daily updates on the hottest  
entertainment and gossip  
news in the Philippines.

**HAWAII**  
Mon-Fri  
7:45pm



Hosted by  
Tim Yap  
Maxene Magalona



Only the deserving can  
win Lola's wealth in this  
newest reality sitcom.

**HAWAII**  
Mon-Fri  
4:25pm



Starring  
Nanette Inventor  
Sheryl Cruz  
Benjie Paras

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or email: [dwhitelaw@leseas.com](mailto:dwhitelaw@leseas.com)**PHILIPPINE NEWS****Phil Forex Reserves Seen to Hit Record \$60 Billion by End of 2010**by Paolo Romero  
Thursday, Nov. 18, 2010

**M**ANILA, Philippines (Xinhua) -- The Philippine central bank expects the country's stock of foreign exchange reserves to end the year at an all time high of \$60 billion.

This was revealed in a text message sent to financial reporters today by Central Bank Governor Amador M. Tetangco Jr.

Latest data showed the gross international reserves (GIR) at \$56.8 billion at end-October. Foreign inflows such as those from overseas Filipino workers and the very low interest rate environment abroad that has driven foreign fund managers to

seek better yield in emerging market economies boosted the country's GIR.

The recent decision by the US Federal Open Market Committee under Ben Bernanke to engage in another round of quantitative easing to nurse its still fragile US economy pushed the foreign fund managers to seek even better yield from emerging market economies as the Philippines and its neighbors in Southeast Asia.

Already, Tetangco noted, remittances from overseas Filipinos originally seen to grow by 6 percent this year had been recast to projected growth of 8 percent instead.

Actual remittances as of end-September grew by 10.6 percent to \$1.6 billion and pushed the nine-month remittance level 7.8 percent higher to \$13.8 billion. ([www.philstar.com](http://www.philstar.com))

**Grenade Found Near US Compound**by Non Alquitran  
Thursday, Nov. 18, 2010

**M**ANILA, Philippines - Police disarmed yesterday a hand grenade and ammunition for a 40mm recoilless rifle found inside a clutch bag recovered in the vicinity of the US embassy's seafront compound in Pasay City.

The National Capital Region Police Office (NCRPO) and US embassy officials are jointly determining whether the recovered explosives are related to the alleged plot of terrorists to strike in Metro Manila.

"We are still in the process of investigating the case. We have no clear idea as yet as to the motive of the incident," said NCRPO director Chief Superintendent Nicanor Bartolome.

Press attaché Rebecca Thompson said the embassy commended the police for their prompt response.

According to Thompson, a street sweeper, Charlie Nequinto, found an old green clutch bag wrapped inside a yellow plastic bag at about 6:50 a.m. at the perimeter fence of the Seafrost Residences of the US embassy along Roxas Boulevard.

Nequinto initially ignored the items until he decided to check their contents at about 10 a.m.

Upon seeing the explosives, the street sweeper alerted a US embassy guard, who in turn informed local authorities.

"We understand that the police responded on site immediately. We commend their prompt action. We are grateful that no one was injured in the incident," Thompson

said in a text message to The STAR.

The United States, Australia and other European countries had released an advisory recently asking their residents to be extra careful as terrorists are out to stage attacks in Metro Manila.

Chief Superintendent Jose Arne de los Santos, director of the Southern Police District (SPD), requested establishments in the area to provide them copies of footage of their closed-circuit TV cameras to determine whether the suspect was caught while leaving the explosives in the area.

The Seafrost Residences is a row of houses occupied by American officials and their families.

SPO2 Jose Calamba, of the Explosives and Ordnance Division of the Pasay City police, arrived at the scene and determined that the rusty fragmentation grenade had its safety lever taped and the rifle ammunition was not armed.

"My men collected the explosives and dismantled them, rendering the materials not capable of exploding anymore," said De Los Santos.

Senior Superintendent Napoleon Cuaton, Pasay City police chief, said Nequinto already submitted his sworn statements to local police. ([www.philstar.com](http://www.philstar.com))



LEGAL NOTES

# Future of Immigration Reform After Midterm Elections



By Reuben S. Seguritan

look very different from what CIR supporters originally presented the then-Democratic Congress.

For instance, a legalization program will be likely out of the question. Enforcement measures and border security will continue to be given priority, and the debate over birthright citizenship may continue.

CIR advocates have already pushed for incremental or piecemeal legislation, but one could not as of yet characterize their efforts as a success.

First, the DREAM (Development, Relief and Education for Alien Minors) Act—a law intended to grant lawful status to undocumented students—failed to pass Republican filibuster last September. Another bill, the AgJOBS (Agricultural Job Opportunities, Benefits and Security) Act, which aims to regularize the status of undocumented farm workers, is still in

the first step of the legislative mill. Its future in the new Congress is uncertain.

Some groups are optimistic that with a more business-oriented party in control, skilled immigration reform is more likely to move forward in Congress. An article in *The Economist* noted that a research group called the Hamilton Project found that the number of foreign workers in the U.S. has been declining, and added that this might be a reflection of the country's diminished appeal to the world's most sought-after workers.

With few job prospects and restrictive immigration policies, some educated and skilled workers have chosen to go back to their native countries. Still more are deterred from even entering the country to find what opportunities may be open to them. A plan to encourage these skilled individuals to come to the U.S.

may, as it has done in the past, encourage business and spur technological growth.

If skilled immigration is advanced separately, the odds of reform advocates scoring a win in Congress will increase. The challenge in doing so, however, lies in the fact that skilled immigration reform is part of CIR: the latter will likely lose steam if the former is tackled independently of the issue of illegal immigration, which has proven to be a sticking point in any talk of immigration reform. On the other hand, splitting skilled immigration from CIR just might make it more palatable and result in more cooperation and compromise in Congress.

President Barack Obama vowed immigration reform during his 2008 campaign. He has so far failed to deliver on this promise as his immigration agenda took a back seat to health care reforms and the economic stimulus plan.

The economic recession,

high unemployment rates and a record-setting budget deficit have contributed to low approval ratings for Obama and the Democratic Congress, not to mention the resurgence of the GOP and even the rise of the insurgent Tea Party.

The economic downturn, political climate, and the constant threat of terrorism, have also spawned a new wave of nativism in the country. This nativist and anti-immigrant sentiment was illustrated during the controversial debate behind Arizona's SB1070, the unprecedented law that allows the state's government to identify, prosecute and deport illegal immigrants. The constitutionality of this law is currently pending review by a federal appellate court.

REUBEN S. SEGURITAN has been practicing law for over 30 years. For further information, you may call him at (212) 695-5381 or log on to his website at [www.seguritan.com](http://www.seguritan.com)

**T**he balance of power in Congress has shifted. Republicans now have control over the House of Representatives, surpassing the 218-seat requirement to reach majority. The Democratic Party retains control of the Senate but only by a narrow margin.

So what does a Republican House mean for proponents of comprehensive immigration reform (CIR)? For starters, the chances of a CIR bill being passed this or next year are slim.

With a divided Congress, there will be very limited political capital to move the current CIR proposal forward. Any CIR bill that will stand a chance in the new political landscape will

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## PHILIPPINE NEWS

# Noy to Investors: No More Backroom Deals

by Delon Porcalla  
Friday, Nov. 19, 2010

**M**ANILA, Philippines - To attract investors who were turned off by inconsistent government policies, President Aquino yesterday assured businessmen that under his administration there will be no backroom deals and the rules will be fair.

He assured both foreign and local investors that there would be no extortion or midnight contracts in the current government, unlike in previous administrations.

"It was a time of backroom deals made with no clear criteria or direction. The darkness is dissipating and what has brought all of us together is a palpable sense of optimism in the country's future and the affirmation that the Philippines is open for business," Aquino said.

He said that under his administration, which will be in office until 2016, the rules will be fair, clear, and equally applied to all, making sure that solicited projects will enjoy business at minimum risk and in a "meaningful and fair manner."

He said that policy will not be changed in mid-stream, and investments will definitely be recouped.

"You cannot deal with a gov-



ernment where the right hand is offering a handshake while the left hand is trying to pick your pocket," Aquino said during the launching of his pet project – the public-private partnerships (PPP) that he called the "Daylight Summit" at Marriott Hotel in Pasay City, attended by at least 500 local and foreign businessmen.

"The way forward is to move, together, in the broad light of day, where everything we do and how we do it is clear, honest and transparent. We call it daylight," said Aquino, who also pledged that investments would definitely be "beyond the moment of handshake."

"Where things are not done in the dark, but rather, where our formula for success is integrated into the procedures we are all obligated to follow. The problem is that for the longest time, rules have been less than fair, far from clear, and not always applicable to all.

"Daylight is not what we hope to achieve – we have a social contract that is our blueprint

for success – but rather, how we will do things," the President said, adding that the government will constantly improve the partnership and cooperation every step of the way.

"We are at the threshold of being able to say to our respective stakeholders, here is a Philippines that has the clarity of vision and firmness of mission to accomplish what we all desire," he stressed.

The President volunteered to provide a measure to minimize the risk of not having to recover their investments and maximize profit.

Aquino said the government will provide investors with protection against regulatory risk, but the risk would not extend to "commercial or market risk," which will be borne by investors.

"If private investors are impeded from collecting contractually agreed fees by regulators, courts, or the legislature, then our government will use its own resources to ensure that they are

kept whole," Aquino said.

He said details of such protection will be explained by his economic managers who will be there for the two-day event, where the regulatory risk assurance "will be part of the contracts to be entered into between government and winning bidders of PPP projects."

"Each project will be looked at differently, and the government will use independent financial advisors to study each project carefully before the bidding, to determine what protection is necessary," Aquino explained.

"It is important to note that this protection will be limited to regulatory risk. Commercial or market risk, which you are in the business of determining, will be borne by investors, as it should be," he said.

"If, for some reason, a court decision threatens the adjustment, the government will compensate the private concessionaire for the difference between what the tariff should have been under the formula, and the tariff which it is actually able to collect," he added.

## P-Noy seeks investments in infrastructure

President Aquino urged in-

vestors to participate in projects involving \$3.4 billion to upgrade roads, railways and airports.

Most of the 10 contracts are designed to ease fearsome traffic jams in and around Manila, while giving much-needed momentum to Aquino's economic strategy of improving the country's creaky infrastructure.

Aquino sought to reassure potential investors concerned about the Philippines' notoriously poor business environment, which has seen government not honor contracts and investors lose millions.

"The government will provide investors with protection against regulatory risk," Aquino told an investor conference held near Manila's \$640-million airport terminal 3, which was expropriated from a private consortium in 2004.

The 10 projects unveiled by Aquino's cash-strapped government are worth a combined \$3.414 billion, and will be formally offered at the end of next year under so-called "build-operate-transfer" terms.

They include four rail upgrade and extension projects and three toll roads in and around Manila.

Investors would also be asked to build airports in two tourist destinations, while another contract is to run a passenger terminal now being built in a key business destination in the southern Philippines.

Aquino pledged to help local businessmen compete in the big-ticket tenders, saying the central bank will, over the next three years, relax caps on the amount a single bank can lend for a single project. ([www.philstar.com](http://www.philstar.com))

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## ASK A DOCTOR

## Using Classical Music Throughout Your Life

by Jorge G. Camara, M.D.

**W**hile the benefits of using classical music strategically in the important stages of life have been known for several centuries, it is only recently that scientific studies have shown its multiple beneficial effects. Last year, we published a scientific study (featured in the Hawaii Filipino Chronicle past issue) that showed that live classical piano music lowered the blood pressure, heart rate and breathing rate of patients undergoing eye surgery at Hawaii Medical Center East.

When Mozart's father played the violin for him while he was in his mother's womb, he was really on to something, and indeed, Wolfgang Amadeus Mozart is one of history's most creative musical geniuses. Dutch researchers found the late term fetuses actually hear sounds and when they exposed the unborn fetus to music and used ultrasound to see its reaction, they found that the fetus could actually learn and respond to the

music! Other published studies have shown that premature babies exposed to classical music do better than their counterpart controls not exposed to any music at all.

During the toddler, or growing up stage, it has been shown that taking piano lessons (regardless of whether or not the child becomes a pianist later on) may enhance children's spatial reasoning skills. This is the ability to understand 3-dimensional space as tested in 3 and 4 year olds.

Some of the other benefits of listening to classical music for children and students, particularly Mozart, as chronicled in the landmark book "The Mozart Effect" by Don Campbell are:

- Improves test scores
- Cuts learning time
- Calms hyperactive children and adults
- Reduces errors
- Improves creativity and clarity
- Heals the body faster
- Integrates both sides of the brain for more efficient learning
- Raises IQ scores 9 points

(research done at University of California, Irvine)

It has been postulated that this remarkable effect of classical music is due to the fact that it primes and stimulates the right side of the brain, the part responsible for collecting information and processing it. For example, the left-brain allows you to memorize the alphabet and learn the definition of words, while the right side of the brain enables you to write a beautiful poem, or a thrilling novel. It is this part of the brain that listening to or studying music primarily affects.

**What about other activities such as sports and exercise?**

Researchers at Brunel University in London found that music played at faster tempos induced more positive and aroused emotional states in athletes. In addition, faster tempo music was more preferred when exercising at higher intensities, and also contributed to superior sprint rowing performance. Other studies have shown that if athletes or exercisers work in time to music, they will work longer and harder.

**Hospitals and Surgery**

In June 2004, the Robert Wood Johnson Foundation released a report showing that reducing noise in hospitals can help boost healing. A published study by Camara, Ruskowski et al. showed that playing live classical music for patients prior to their eye surgery brought down their blood pressure, heart rate, and breathing rate. At the American Society of Hypertension Meeting last year, a study was presented wherein 48 volunteers who listened to relaxing classical music experienced a drop in their systolic blood pressure.

**Geriatrics and Nursing Homes**

The geriatric populations can be particularly prone to anxiety and depression, particularly in nursing home residents. Chronic diseases causing pain are commonly found in their patients, and music in an excellent outlet to provide relaxation, relief from pain, and a chance to socialize and reminisce. Listening to music can have a striking effect on patients with Alzheimer's disease, even sometimes allowing them to focus, and become responsive for a

time. Music has also been shown to decrease agitation. Music has also been an effective tool for the mentally or emotionally ill.

**Terminal Illness and End of Life**

Pain, anxiety and depression are major facets of patients who are nearing the end of life. Music can assist with dealing with pain, through promotion of relaxation and release of endorphins. Music can also give patients an opportunity to remember the past, and talk about their fears of death and dying. The CD of the author entitled "Live From the Operating Room" is currently being used at the St. Francis Hospice to provide healing and soothing music for the residents there.

In summary, classical music can be used strategically from before birth to the end of life. There are many studies that document the contents of this article, and the musical works of Mozart, Bach, Chopin and Debussy have been studied in many of the studies quoted there.

*Excerpted from an upcoming book entitled "Musical Prescriptions: How to Use Music Throughout Life" by Drs. Joseph Ruskowski and Jorge G. Camara.*

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## BUSINESS FEATURE

# Remembering Mabuhay Café and Restaurant

by Gregory Bren Garcia

**F**or almost half a century, the Mabuhay Café and Restaurant was at the forefront of the Filipino gastronomic experience in Hawaii.

Owners Filomeno and Carmelita Jean Lumauag nurtured their business with the same loving tenderness that the couple seem to share with each other. But shortly after celebrating yet another anniversary this year, the restaurant was forced to close as a result of the City and County of Honolulu's rezoning, which assessed real property taxes that the Lumauags could not afford.

Still, the Mabuhay Café and Restaurant has become a legend in its own right. Decades before the Philippine government even used the word "mabuhay" as the country's official salutation to the world, the Lumauags were already serving the mabuhay spirit to the Filipino diaspora community in Hawaii through their excellent hodgepodge of Filipino cuisines.

## The Lumauags' Love Story

The history of the Mabuhay

Café and Restaurant is but a part of the colorful love story of Filomeno and Jean Lumauag, which was set against an equally quaint backdrop—a post-war world and shared heritage originating from a homeland thousands of miles away.

Born in 1929 in the Philippines during the Great Depression and raised in the distant town of Polomolok, South Cotabato in Mindanao during World War II, Filomeno dreamed of a better life for himself and his family. So after high school, he attended college at Far Eastern University, where he graduated in 1957 with a BSc Degree Major in Accounting. When he finished college, he decided to go global.

"I joined the U.S. Navy to see the world. I finished boot camp in San Diego, California and then the Navy sent me to a submarine school in Connecticut," Filomeno recounts.

After submarine school, he was assigned to Pearl Harbor and joined the crew of the USS Blackfin and two other vessels. Training to become a submarine crew member was tough.

"We were taught how to make the submarine dive and



Former Mabuhay Café owner Filomeno Lumauag poses for photo in the kitchen

Mabuhay Café and Restaurant. After four years in the Navy, Filomeno quit and began searching for greener pastures as a civilian.

"I could have been a taxi driver, which was the easiest career path at that time. But when the New Aala Café and Panciteria was put up for sale (in 1963), I immediately paid \$5,000 with money borrowed from the Bank of Hawaii with a co-signer. It was such a significant place for us because it was where my wife and I met," Filomeno says.

"My wife is not only a very good-looking woman, she also has down-to-earth honesty and a devotion for hard work. She loved being self-employed and she used to work full-time everyday from 10 am to midnight."

Filomeno says business got off to such a good start that they were able to purchase a brand new Chevrolet. When the Aala district gave way to a new Aala Park in 1965, the Lumauags moved to Hotel Street, where they founded Mabuhay Café and Restaurant.

"Inspired by our success in our former business venture, we built another restaurant and named it Mabuhay Café and Restaurant. The financing for our new restaurant was provided by the Small Business Administration at a cost of \$7,000," Filomeno says.

When talking about his restaurant, Filomeno couldn't help reminiscing the good old days—Hawaii as he remembers it, as well as the personal achievements of his younger years.

"Business was very good during that period of time. Parking was not a problem as all of Honolulu's streets were open for parking. We bought a modest, single-family house, went into rental business afterwards and ended up owning three apartment buildings with 15 units in all. We also went around the world, and I bought my wife a Rolls-Royce. She was the first Filipina to own one in the state of Hawaii," he says.

In 1991, the Lumauags moved Mabuhay Café and Restaurant to the River Street side of their building where it

surface, and of course how to load torpedo tubes. We learned damage control procedures like preventing a leak that can flood the submarine. Only after you pass such training will you become one of the submariners, considered then as the cream of the crop of the US Navy," he says.

Filomeno says the life of a submariner was mired in loneliness and homesickness was common among the crew. It was a good thing that they were given the liberty to go around Honolulu once in a while. It was during one of his wanderings that he met Jean, his soulmate and future business partner.

"At that time in Honolulu, the ratio of women to men was like 1 to 12. As a lonely sailor looking for love, the chance of

meeting and settling with someone was very slim. Nevertheless, after employing old sailor tricks and techniques I learned from my past romantic experiences, I was able to lure one local Ilocana girl and ended up marrying her," Filomeno says.

Indeed, Carmelita Jean Lumauag, albeit born in Wailua, Oahu in 1939, is an Ilocano by lineage.

"My grandparents, together with my mother, immigrated to Hawaii from Narvacon, Ilocos Sur as recruited plantation workers. My father and his brothers originated from Paoyay, Ilocos Norte and later came to Hawaii also as sugar plantation workers," Jean says.

She and her parents visited the Philippines when she was 2 years old, only to be caught up in the Second World War. Her parents returned to Hawaii after the war but it wouldn't be until Jean was 19 years of age when she returned to her native land. After going back to Hawaii, she worked as a cashier and waitress at the New Aala Café and Panciteria and Aala Park.

"It was very close to Farlington High School where I attended school during the night while working daytime," she says. It was then that she met the lonely Filipino sailor from the Navy.

"He became my frequent customer," Jean says. "He always carried his camera with him, taking my picture on every occasion and personally delivering it to my home on my days off. He was a very smart guy and persistent suitor. I fell in love with him, we got married and bore three loving children—Lionel, Roderick and our baby Agnes. And now we have seven grandchildren."

## Birth of Mabuhay Café and Restaurant

Incidentally, the place where the Lumauags first met was to become the precursor of the

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(continued on page 19)

**BUSINESS FEATURE**



Jean Lumauag in front of the Mabuhay Café & Panciteria on Hotel Street, Year 1965

*(from page 18, Remembering...)*

would remain in business for nearly two more decades.

**Legendary Cookery**

Mabuhay Café and Restaurant may have closed down but the Lumauags' cooking will no doubt continue to become the stuff of local culinary legend. While the jury is out on who has the best-tasting Filipino dishes in the islands, the couple can still claim to be one of the earliest, if not the first, to serve restaurant-style Filipino food in Hawaii.

Patrons of the Mabuhay Café and Restaurant often praised the fact that the restaurant was always clean and well-appointed despite being located in a not-so-pleasant neighborhood. It's a veritable oasis, air-conditioned and peaceful, with that delightful aroma always wafting around its vicinity.

"The dishes that were harder to cook were our bestsellers. These include shrimp sari-sari, fried silit, crispy pata, fried pork, pancit and pusit adobo," says Filomeno.

Shrimp sari-sari was an all-time favorite among patrons and boasted the perfect fusion of ingredients like squash, beans, eggplant, tomatoes and shrimps in a flavorful broth. On the other hand, the restaurant's fried delicacies like crispy pata (fried pork shank) and fried silit (fried pork intestines) also used to receive much praise from customers, especially those who were adventurous enough to traverse the too-often avoided gustatory path involving cholesterol-laden meals or fares made from innards and whatnot.

Other star recipes that people praised in review sites on the internet included the restaurant's kilawen, balatong paria, kare-

kare, pinapaitan, shrimp sarciado and dinngendeng. But for Filomeno himself, his favorite meal was a soup made from pig's feet that he seasoned to perfection every time.

"My own favorite menu was lauya baboy. It's full of spices which are good for the health and are also believed to be aphrodisiac," he says.

Indeed, the Mabuhay Café and Restaurant was once one of the most distinguished Filipino restaurants in Hawaii. The numerous awards it received are a testament to the restaurant's success.

"We received recognition from organizations and publications like the Star-Bulletin, Honolulu Advertiser, Honolulu Magazine, Adventures in Cheap Eating Hawaii, The Japanese Guide to Hawaii, Smart Magazine, Japanese Magazine, the Filipino Chamber of Commerce, The Filipino Business Women's Association, the State House of Representatives and many more," says Filomeno.

In recent years, the Lumauags tried to fight major economic downturns with all the business cunning they can muster.

"My wife and I still worked side-by-side even as competing young entrepreneurs were setting up businesses like ours that were sprouting all over Honolulu. Street parking increasingly became scarce and the economic slumps took their toll around the island. This resulted in the decrease of the number of costumers and a reduced gross sale. These were coupled with losses we sustained from our rental unit business. In 2002 the real estate downward cycle

caught up with us and we had to sell all our three buildings," Filomeno shares.

While the Lumauags encountered and prevailed over many challenges, Filomeno says the idea of a quiet life has never looked as appealing as it does nowadays.

"In our many years of running our restaurant, we experienced a lot of physical and mental challenges, experiences of extortion and even a few romantic episodes. We did feel sad about having to part from our profession of 47 years. We spent many sleepless nights thinking about it," says Filomeno, who adds that his wife was sometimes reduced to tears, having to feel the burden of the parting ex-

perience.

"These days, however, every time we turn around, there is Mr. Old Age knocking on our door. In the end, we decided to retire and enjoy together whatever is left of our lives," he says. "The entire family agreed that it is the right time to throw in the towel while our old clock is still ticking.

"We will forever acknowledge the loyalty of our employees and the hard work that they have done for us. We are very grateful to all our customers these many years. Lastly, we thank Almighty God for giving us the strength that enabled us to achieve the objectives we aimed for."

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**PHILIPPINE NEWS**

**Obama Vows to Look Into Travel Advisories**

**Y**OKOHAMA - United States President Barack Obama has vowed to look into the request of the Philippine government to go over the procedure of issuing travel advisories.



U.S President Barack Obama and Phil President Noy Aquino

After meeting with some 1,000 members of the Filipino community at the Yokohama Futaba High School, President Aquino told reporters yesterday that he had a chance to talk to Obama in one of the meetings of the Asia-Pacific Economic Cooperation leaders' summit

here. He said Obama promised to look into his concern and even asked for "kind consideration" of the people in countries affected by travel advisories.

"I was able to mention to President Obama our fears over the travel advisory from the

United States and he promised that he would look into it. He also sought understanding since his fellowmen were being targeted," the President said.

"We only asked that we be treated fairly like other countries that had worse (terror attacks) but were issued lower alert levels," Aquino said.

On Saturday morning, the President also met with Canadian Prime Minister Stephen Harper who granted the President's request to review their procedure before issuing travel warnings that affect the country's tourism promotion program. ([www.philstar.com](http://www.philstar.com))

## PHILIPPINE LANGUAGE



**ILOKO**  
By Amado I. Yoro

**N**apatag ti maysa a warnakan ta isu daytoy ti mangiparagarang ken mangibunannag kadagiti nadumaduma nga aspeto ken isyu a mabalin a pakaseknan dagiti umili. Daytoy a medium ti boses ken timek a mangiburay ti pudno nga ekspresion, negatibo man ken positibo a reaksion dagiti agbasa wenna masknan.

Addan daytoy a gimong ti wayaway a mangipeksa kadagiti opinion ken kinapudno.

Ti panangiwarnak ket maysa met a wayaway tapno

# Ti Pudno Nga Instrumento Ken Timek Ti Nawaya A Panagwarnak

maipeksa ti pampanunot, rikna ken opinion ti umili.

Nakaingugan ni Filipino ti panagayat ni panagipablakaan.

Kadagiti man nasakawanni a listaan dagiti nagkauna a panagiwarnak, ipakitana la unay ti kinasadiwa a rikna ken ti urat ti dara ti panagipablak.

Kas iti Sandaka [Sword] nga immuna a nairusat iti 1914, simmaruno dagiti dadduma pay kadagiti tawen ti 1930, 1938, 1941, ken adu pay a nakadur-asda met iti sumagmamano a tawen, aginggana kadagiti ket adda dagiti saan pay unay a nabayag a nakipaglaylayag wenna nakipaglanglangoy iti taaw ti warnakan a Filipino.

Saan a malibak wenna maillemng a ti Hawaii Filipino Chronicle ket tineneb met ti pannakasut iti panangimaton. Addaan la ketdi met iti

dakkel ken napintas a panggepna nga asgerbi iti komunidad. Addaan iti determinasion ken na'ntas a tarigagay tapno isa a mangkarkaga iti kinapatag ti kultura ken literatura dagiti kannawid ken galad.

Iti sangapulo ket walon a tawen nga inturong ken ing-gasanggat dagiti akinkukua ken dagiti kakaduada, saan a barengbareng ti sin-aw ti sirmata ken ti kinasaririt nga asgerbi.

Addaan iti objective journalism, fair and balance. Adda diotiy ti pulso ken rikna dagiti sinurat ken manurat. Adda diotiy ti factual and reliable references gapu iti regta ken gaget dagiti manurata nga agsukisok ken asgerbi.

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Dakkel ti akem ti HFC iti pannakatubay ti pampanunot ken sirmata ti komunidad, dagiti agbasbasa kadagiti linaonna a piesa iti nadumaduma a punto de vista dagiti manurata.

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Maipapan iti napalabas a selosbrasion ti sentenario Filipino.

Maipapan iti ekonomia.

Maipapan iti gobierno ken/wenno politika ken dagiti nangak-gakem ti pannakatimom ti maysa nga ahensia wenna sanga ken benneg ti gobierno

Kas kadagiti sabsabala a warnakan, naglangoy met ti HFC iti makuna a "taaw ken dalluyon ti atab ken linak ti panubok".

Iti sangapulo ket walo a tawen, manipud iti simple a nangrugian ti bassit a linabag ti balikas - itan, saanen a magpangkididman, wenna mapagintutulan - nabatad, mangedag ti timek, mailasinda ti kinaasinon ni Filipino.

Nagasag nga anbersarimom iti maika-18 a tawen, HFC. Itoyloym ti agkatangkatang iti adu pay a tawen.

## MAINLAND NEWS

## Filipina Justice Confirmed to Head California Supreme Court

A three-member panel unanimously confirmed Tani Gorre Cantil-Sakauye, a Filipina-American, as the new chief justice of the California Supreme Court.

Cantil-Sakauye is the first Asian-American to head the state Supreme Court, which oversees one of the largest court systems in the world. At age 50, she will also be one of the court's

youngest members and will give the seven-member court a female majority for the first time in history. She assumes her new role in January, when the retirement of the man she is replacing,

Chief Justice Ronald George, takes effect.

Justice Arthur Scotland, Administrative Presiding Justice of the Court of Appeals in Sacramento, called Cantil-Sakauye the "perfect candidate" to lead the state's highest court, citing her "brilliant mind, leadership, objectivity, integrity, decisiveness and fairness, as well as a thorough and thoughtful approach to the law."

Alice Salvo, chair of the independent State Bar Commission on Judicial Nominees Evaluation, testified that her group had rated Cantil-Sakauye as "exceptionally qualified" to lead the court, its highest ranking. Among the qualities Salvo praised were Cantil-Sakauye's "intelligence, diligence, outstanding legal research skills, model judicial temperament, and impartiality."

Emotions were especially high among the Filipino members of the audience, for whom Cantil-Sakauye has become a hero and role model since her nomination in July by Gov. Arnold Schwarzenegger.

Cantil-Sakauye showed herself to be highly resourceful from an early age. She helped pay for law school by dealing blackjack in Reno and Tahoe.

She then worked for the Sacramento District Attorney's Office prosecuting traffic, juvenile and felony cases, before going to work for Republican Gov. George Deukmejian as his deputy legal affairs secretary and later as his deputy legislative secretary.

Deukmejian soon appointed Cantil-Sakauye to be a Sacramento Municipal Court judge in 1990, when she had just turned 31. Gov. Pete Wilson promoted her to the Sacramento Superior Court in 1997 and Schwarzenegger appointed her to the Court of Appeal in 2005 before nominating her to the state's highest court this summer.

In her remarks to the commission, Cantil-Sakauye thanked Schwarzenegger for giving her the "opportunity and adventure of a lifetime."

She stressed that of the many lessons she has learned in her 25-year career, the most important one would be "that in this steep learning curve, which I hope will be my role as Chief Justice... I will bring the promise to listen closely, to analyze carefully and identify the critical components to arrive at a collaborative resolution and to always understand that the rule of law prevails." (New America Media)

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(l to r): Aiden, Shane, Ayla, Lyla, Joseph, Romiy, Erlinda, Karen and Earl.

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Ed Yoshimura (chair) • Irene Fujimoto (treasurer)

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Please continue your excellent reporting  
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and messenger of news in the years to come!

**DR. FORTUNATO ELIZAGA  
AND NIEVA ELIZAGA**

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## GLOBAL NEWS

### New Rules for Migrants in UK

**M**ANILA, Philippines - Any non-European migrant who wants to enter or remain in the UK as the partner of a British citizen or a person settled in the UK will need to show they can speak and understand English by taking an approved English language test starting on Nov. 29.

The British embassy in Manila announced the new rules will apply to anyone applying as the husband, wife, civil partner, unmarried partner, same-sex partner, or prospective civil partner of a UK citizen or a person settled

in this country.  
The embassy said these tests will be compulsory for people applying from within the UK as well as visa applicants from overseas.

Migrant spouses and partners will have to demonstrate English language ability at A1 level of the Common European Framework of Reference (speaking and listening).

Applicants will be required to provide evidence with their application that they have passed an acceptable English test with one of the UK Border Agency's approved test

providers.  
Ed Mackie, UK Border Agency regional manager for East Asia said "this new requirement was announced in June this year and as we get close to the implementation date we'd like to remind those planning on applying for a spouse visa to the UK that from Nov. 29 they will be required to pass a compulsory English language test."

He said the new rules will help ensure that migrant partners are able to participate in British life from the outset and integrate more easily into wider UK society. ([www.philstar.com](http://www.philstar.com))

### Canada Brings Relief Aid to Isabela

**B**AYOMBONG, Nueva Vizcaya, Philippines - The Canadian International Development Agency has joined the ongoing relief drive for calamity-hit Isabela, distributing P587,000 worth of relief goods to families affected by the successive onslaught of typhoon "Juan" and floods there.

The Quezon City-based Citizens' Disaster Response Center, where the relief assistance was coursed through, said more than 600 families benefited from last Friday's relief



drive in the villages of Yeban Norte, Yeban Sur, Maluno Norte, and Maluno Sur in Benito Soliven town.

Each relief pack, according to the Center for Relief and Rehabilitation

Services-Cagayan Valley, contained 10 kilos of rice, a kilo of beans, a kilo of dried fish, canned goods, sugar, cooking oil, soap, and bottled water. ([www.philstar.com](http://www.philstar.com))

### Government Sends Team to Review Security of Expelled Filipino Workers in Afghanistan

**M**ANILA, Philippines (Xinhua) - The government said Thursday it has sent an assessment mission to Afghanistan to review the security situation of the thousands of overseas Filipino workers, who were ordered to be expelled by the US government due to an existing labor deployment ban by Manila.

The team is headed by Foreign Affairs Executive Director for Migrant Workers Affairs Ricardo Endaya. The team will meet the Filipinos working at the Kandahar and Bagram Airforce bases on Friday to discuss their status once their contracts expire.

Endaya and his team will also meet with US military officials as well as representatives from the United Nations and non-government organization officials to get more information on the new US policy on the hiring of foreign workers and to seek better security for the Filipinos there.

At least 6,000 Filipino workers in Afghanistan are in danger of being sent back to the Philippines by the end of this year after the US Central Command, in memorandum to contractors, warned that employing third country nationals, whose domestic laws prohibit their citizens from traveling and working in Afghanistan, is

considered illegal. Contractors who will violate this order will no longer be allowed to participate in US bids to take part in projects in Afghanistan.

The Filipinos have appealed to President Aquino to allow them to stay in Afghanistan by lifting the travel ban.

The Philippines stopped sending workers to Afghanistan following the US-led invasion of the Middle East state and the unstable security condition in the country. Apart from Afghanistan and Iraq, the Philippines also prohibits travel to Nigeria, Lebanon and Jordan. ([www.philstar.com](http://www.philstar.com))

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